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THE NEW DUPONT

# BIANCA

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THE NEW DUPONT  
**BIANCA**



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**TRIDEL**  
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THE NEW DUPONT  
**BIANCA**



# CONTRIBUTORS



## NANCY CARR

Nancy is a Toronto-based writer who tackles a broad range of topics, from marathons to mining, in newsletters, whitepapers, articles and speeches. She doesn't have a green thumb, but her work on "Growing Pleasures" convinced her to try her luck with tomatoes this summer.

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## KATE FANE

Kate is a Vancouver-born, Toronto-based writer and communications professional. Her work has appeared in places like VICE, the Toronto Star, The Grid, Maisonneuve, and Reader's Digest. As she's often on the contemporary art beat, she spends a lot of time staring at walls.

[katefane.com](https://katefane.com)



## JUDY HAZAN

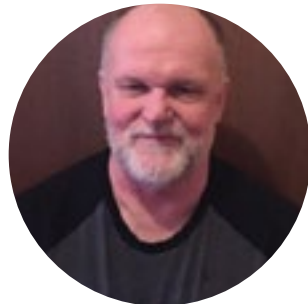
Judy is a writer specializing in advertising for builder-developers. She writes blogs, articles, brochures, videos, radio and websites skewed to new construction and she's been at it in Toronto for a very long time. She's also a big dog lover. Check out her story on Diva Dogs on Dupont!



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Chris edits the food and entertaining pages at Hello! Canada, where he has been part of the editing team since 2012. He also writes for Raptors Magazine, Applied Arts and the alumni magazine for Upper Canada College. He lives in Toronto with his wife and three kids.

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Peter is a Toronto writer, editor and literary mercenary. He creates content for websites, blogs, advertising, magazines, newspapers, annual reports, e-blasts and more. Working with creative agencies and SEO houses, Peter has supplied words to more clients than he can remember.

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Erinn is an award-winning writer who has published in national magazines, newspapers and journals including Maclean's, Billie, Canadian Literature and the National Post. She has degrees from Dalhousie University, the University of Essex, and two from NSCAD. A past participant of several residency programs, she is co-founder and creative director of The Lemon Tree House Residency in Tuscany, Italy.

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THE NEW DUPONT  
**BIANCA**



# CONNECTIONS

Easy to walk, bike, bus and take subway; both green and urban; packed with dining and shopping choices; a vibrant arts mecca; a storied history and a bright future; close to everything – The New Dupont puts the best of Toronto on the map.



- ARTS & CULTURE**

  - 1. Artscape Wychwood Barns
  - 2. Bata Shoe Museum
  - 3. Casa Loma
  - 4. Chinese Embassy
  - 5. George Brown College
  - 6. Hot Docs Ted Rogers Cinema
  - 7. Mira Godard Gallery
  - 8. Robarts Library
  - 9. Royal Ontario Museum
  - 10. Spadina Museum
  - 11. Tarragon Theatre
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  - 13. University of Toronto
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- FOOD & DRINK**

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  - 2. Aviv Mediterranean Restaurant
  - 3. Bar Begonia
  - 4. Bob Coffee Bar
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  - 7. Creeds Coffee Bar
  - 8. Fat Pasha
  - 9. Flor Del Sal
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  - 11. Le Paradis
  - 12. Live Organic Food Bar
  - 13. Mistura
  - 14. Nord Bistro
  - 15. Playa Cabana
  - 16. Pour House Pub & Kitchen
  - 17. Rose and Sons
  - 18. Schmaltz
  - 19. Super-Jet International Coffee Shop
  - 20. Universal Grill
  - 21. Vesta Lunch
  - 22. Volta Espresso
- SHOPPING**

  - 1. Bateman's Bicycle Company
  - 2. Commute Home
  - 3. Davenport Garden Centre
  - 4. Designers Walk
  - 5. Fiesta Farms
  - 6. Hacher & Krain
  - 7. LCBO
  - 8. Loblaws
  - 9. M0851
  - 10. Nancy's Cheese
  - 11. Shopper's Drug Mart
  - 12. Sobey's
  - 13. South Hill Home
  - 14. Summerhill Nursery & Floral
  - 15. Torp
  - 16. Urban Fare Catering & Food Shop
  - 17. Whole Foods Market
  - 18. Yorkville Village

- PARKS & RECREATION**
- 1. Christie Pits Park
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Daily errands do not require a car.

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**EXCELLENT TRANSIT**

Transit is convenient for most trips.

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**VERY BIKEABLE**

Flat as a pancake, good bike lanes.



# BEAUTIFUL, MEMORABLE, DRAMATIC.

BY CHRIS DANIELS

To create Bianca's stunning livable spaces, Teeple Architects had to break the traditional condominium mould.



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STEPHEN TEEPLE

Balconies can give shape and an eye-pleasing aesthetic to a condominium front, but they aren't always created as livable, beautiful spaces in their own right. Bianca aims to break that mould, with sunbaked, south-facing suites complete with expansive terraces designed to be furnished and enjoyed for entertaining, gardening, sunning and relaxing.

In other words: livable and inviting extensions of the indoor space.

With their reputation for designing some

of the city's most stunning and sustainable public and private spaces, Teeple Architects was tasked with helping bring the vision for Bianca to life.

Their work – which includes the seven-storey dealership for Audi Midtown Toronto (visible on the DVP at highway 401) and the 14-storey SQ Condos as part of the revitalization of Alexandra Park – has won numerous local 'best of' surveys and awards. Their honours include six Governor General's Medals for Architecture, the country's highest prize for the field.

Says Teeple: "With cubic composition and a lush terraced landscape, Bianca is like a sculpture – beautiful, memorable and dramatic."

## Distinctively Different

Principal Stephen Teeple says the Bianca project presented his agency's architectural team with an exciting challenge.

"It was an opportunity we enjoyed because it was very different from our other projects. We had to create this dramatic and beautiful building using all the opportunities that come with having south-facing terraces," he says. "We also understood that in a sense we'd be creating a hillside or sloping backdrop to the Annex. Bianca is something outside of the Annex, but really a part of it – almost like a new horizon."

## Solving the Terrace Puzzle

Zoning laws in Toronto require mid-rise condominiums to be built at a 45-degree angular plane from the property line. That meant designing and putting the individual Bianca units and terraces together "like a puzzle," says Teeple.

If you didn't turn them into puzzle pieces and follow the zoning laws to the letter, Martin Baron, partner at Teeple Architects, explains, "you'd end up with this giant sloped wall. The building would inadvertently become this hulking mass. But by breaking up the slopes into terraces, we're able to give it a really fine-grained feel. It's as if the property is a Mediterranean hilltop village."

Some terraces wrap around individual suites in a U-shape, creating very private spaces.

## Clean, Durable and Sustainable

To further take advantage of the south-facing exposure, Teeple Architects has incorporated expansive windows into the design, allowing natural light to flood in. But it also features well-insulated building surfaces that you would also find in Mediterranean climates – panels of white fibre cement and white precast concrete.

"Our intentions with the materials was to create something very clean, durable and simple, yet that would also be very luxurious to the eye," says Teeple.

He adds that it also avoids the energy waste of using wall-to-wall and floor-to-ceiling glass. "By having beautiful solid material and a large patched opening for the windows, you have a much more energy-efficient building."

To date, the firm has more than 23 LEED® (Leadership in Energy and Environmental Design) projects to its name. And while it is known for its commitment to sustainable architecture, the Bianca design also lives up to Teeple's reputation for turning the complicated into simple livability for modern, urban life. ■



# THE ONCE AND FUTURE COMM UNITY

BY PETER GIFFEN



Courtesy of City of Toronto Archives

After transforming itself many times,  
Toronto's Annex neighbourhood is now  
evolving into the city's most livable area.

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Courtesy of City of Toronto Archives

“But keep looking,” he adds,  
“keep peeling back the layers of wear and time,  
and Dupont Street begins to change.”

Toronto’s Dupont Street and its meandering sister Davenport have always run their own courses. Their unique identities, continually in transition, have given rise to neighbourhoods housing immigrant populations and spawning factories that have driven the economy.

Today they are evolving into their most refined incarnation, becoming one of the most livable communities in the city, in the area bracketed by the east-west arteries of Avenue Road and Christie Street.

### The Way We Were

Long ago, the Dupont-Davenport corridor was part of a trade route between First Nations villages, stretching between the Humber and Don Rivers. In the early part of the 20th century, it developed into an industrial area, the vestiges of which still exist today.

Its businesses included the Hamilton Gear Plant at Dovercourt Road, the Ford Model T factory and showroom with the Toronto Evening Telegram newspaper building across the way, Mono Lino Typesetting, Dominion Radiator Company, Davenport Works and many others.

In a 1998 essay about Dupont Street, in Taddle Creek Magazine, Toronto Star journalist Alfred Holden examines the influence the area had, with a factory like Hamilton Gear providing gears for the St. Lawrence Waterway, the moving roof of the Toronto SkyDome (now Rogers Centre) and cockpit of Canada’s Avro Arrow airplane.

“When you know all this, Dupont Street, so flat, long and gritty, rises to heights. It is a place where visions and achievements far-reaching, even spectacular, began,” he writes. “In ways unseen, unrecorded, Dupont Street in Toronto was one of the places where the 20th century... was made.”

### A Vibrant Neighbourhood

The bustling area, once serviced by streetcars and trolleys, and home to shops, movie and vaudeville theatres, gave rise to residential neighbourhoods, still recognized today in names such as the Annex, Seaton Village, Christie Pits and Wychwood Park, which are also near the privileged enclaves of South Hill, Forest Hill, and Yorkville.

Bianca nestles the northern edge of the Annex. More than a century old, this is one of Toronto’s most affluent neighbourhoods, and one of its most vibrant and diverse. Protected from the noise of the nearby downtown, you can walk along tree-shaded streets with their stately homes done in a mix of Victoria, Edwardian, Georgian, English Cottage and Romanesque styles.

Long-term residents, young families and University of Toronto students mix happily to take advantage of the area’s many attractions, whether dining in the new restaurant opened by a star chef, browsing used bookstores, listening to live music, contemplating an art gallery exhibit, or taking a meditative walk along the university’s Philosopher’s Walk.



Courtesy of City of Toronto Archives

### A New Vision

Change was inevitable. Under the watchful gaze of Casa Loma, the area rests close to all the entertainment, dining and business attractions that downtown and uptown Toronto has to offer – easily accessible by foot or public transportation. But it is also set apart, providing an oasis to the new urban sophisticates it is attracting.

Area residents searching for food, entertainment and shopping don’t have to look far, with new galleries, restaurants and a wide range of retail outlets opening every day, it seems. In part, this rapid transformation has been driven in anticipation of a new vision being enacted for the area, articulated by the 2014 “Dupont Regeneration Study,” looking at the stretch of the road between Kendal and Ossington Avenues.

The study covers land use, streetscape improvements, urban design, built form guidelines, transportation options and much more. With its recommendations, the city has approved mixed-use, mid-rise residential developments (in an area once zoned employment land only) and other street improvements, including more green spaces and wider sidewalks.

The vision is for a vibrant area that keeps its unique character while making it more livable – easier to get around with an attractive street presence and lots of services, conveniences and amenities. As The New Dupont continues its evolution, residents will find that they rarely need to stray far from home to enjoy the best of city living. ■



Courtesy of City of Toronto Archives



BY KATE FANE

From North America's only full-size castle to its sole shoe museum, cultural attractions abound.

# TORONTO'S ARTS

# NEW MECCA

ARTSCAPE WYCHWOOD BARN



The Annex has long been an arts and cultural destination, thanks to its eclectic mix of museums, heritage buildings and theatres. As numerous art galleries and cultural centres have flocked north in recent years, many media pundits are now heralding the neighbourhood as the city's preeminent arts and culture hotbed.

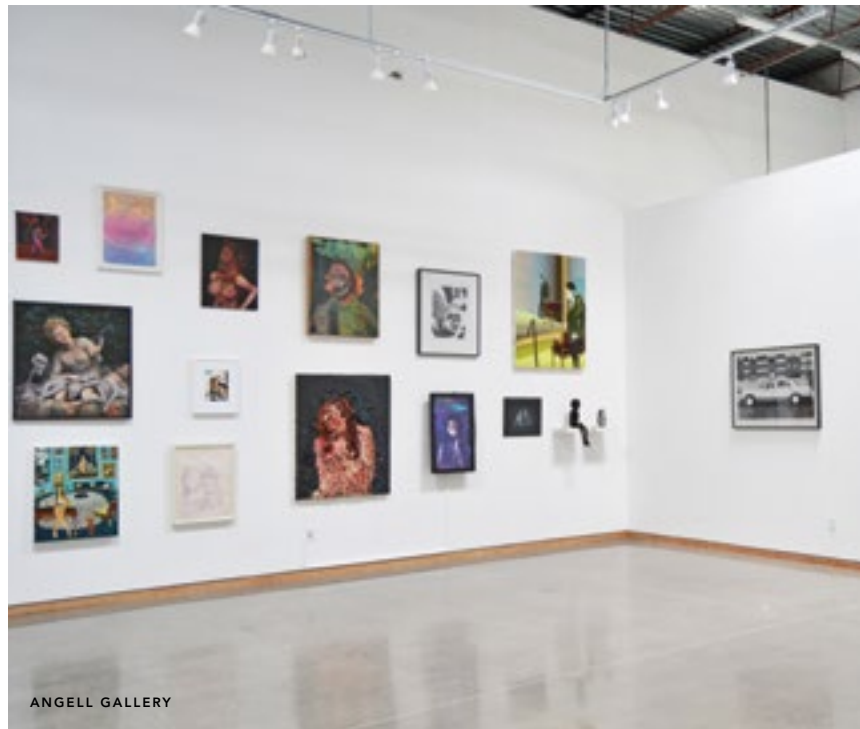
Whether you're interested in viewing cutting-edge contemporary art, taking a tour through 1860s Toronto, or catching the latest buzz-worthy documentary, you'll find something nearby to entertain and inspire you any day of the week.

#### ANGELL GALLERY

Can an animated GIF really be considered art? Decide for yourself at Angell Gallery, a contemporary space renowned for its boundary-pushing focus on digital works. **1444 Dupont St.**, (416) 530-0444  
[angellgallery.com](http://angellgallery.com)

#### ARTSCAPE WYCHWOOD BARN

Originally built as a streetcar maintenance facility, this converted heritage building is now a community arts hub. It houses more than 60,000 square feet of artist live/work spaces, a greenhouse, a performing arts venue, a farmer's market and even a beach volleyball court. **601 Christie St.**, (416) 653-3520  
[artscapewychwoodbarns.ca](http://artscapewychwoodbarns.ca)

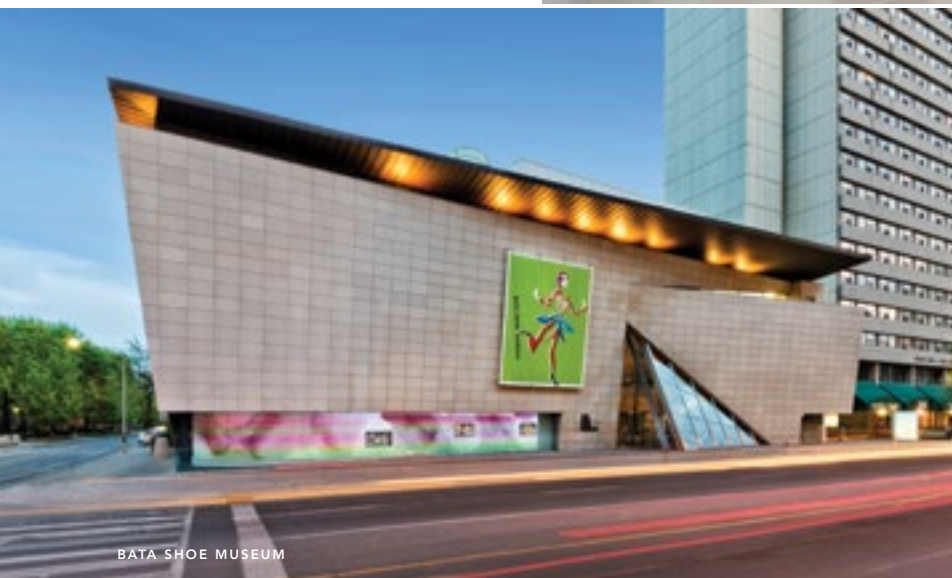


ANGELL GALLERY

Courtesy of Angell Gallery

#### BATA SHOE MUSEUM

The sole shoe museum in North America, the Bata boasts a collection of more than 13,000 pieces of historic, regional and cultural footwear. Where else could you find priceless Chinese silk shoes next to Justin Bieber's old sneakers? **327 Bloor St. W.**, (416) 979-7799  
[batashoemuseum.ca](http://batashoemuseum.ca)



BATA SHOE MUSEUM

Image © 2017, Bata Shoe Museum, Toronto, Canada



CASA LOMA

#### CASA LOMA

Casa Loma's striking Gothic Revival architecture, along with its tragic and romantic history, has been drawing crowds since it was first built as an electricity mogul's passion project in 1914. The only full-sized castle in North America, this iconic landmark boasts 98 luxurious rooms, along with stables, a hunting lodge and a secret passageway or two. Casa Loma is Canada's premier venue for weddings and parties and was named Favourite Event Venue in Canada at the 2017 Canadian Special Events Reader's Choice Awards. It also took first place in the 2016 Biz Bash Style Awards as Best Venue for Weddings & Events. Casa Loma has two restaurants – Liberty Caffé and Terrace Grill – a seasonal al fresco restaurant. **1 Austin Terrace**, (416) 923-1171  
[casaloma.ca](http://casaloma.ca)

#### HOT DOCS TED ROGERS CINEMA

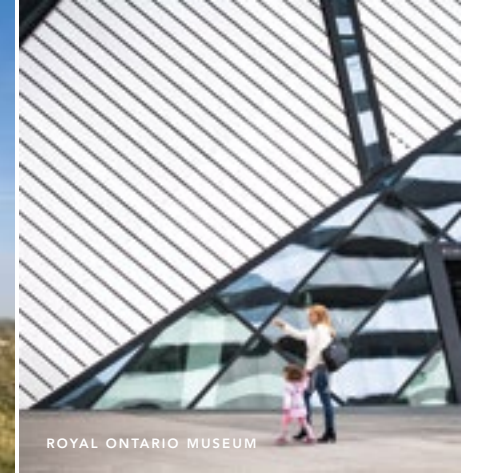
Passionate about documentaries? This licensed theatre specializes in non-fiction cinema – with a sprinkling of independent movie premieres, festivals and other special events. **506 Bloor St. W.**, (416) 637-3123  
[hotdocscinema.ca](http://hotdocscinema.ca)

#### MIRA GODARD GALLERY

Established in 1962, Mira Godard is one of the country's largest commercial art galleries, focusing on contemporary Canadian and international artists. Its three floors of exhibition space feature paintings, sculpture and works on paper, including original prints and photographs. **22 Hazelton Ave.**, (416) 964-8197  
[godardgallery.com](http://godardgallery.com)



HOT DOCS TED ROGERS CINEMA



ROYAL ONTARIO MUSEUM

#### ROYAL ONTARIO MUSEUM

One of Canada's premier cultural and social destinations is also Toronto's distinctive icon for the 21st century. Designed by Daniel Libeskind, the ROM houses the country's most comprehensive collections of artifacts from Ancient Cultures, Biodiversity, Contemporary Culture, Earth and Space, Fossils and Evolution, World Art and Culture, and Canada. **100 Queen's Park**, (416) 586-8000  
[rom.on.ca](http://rom.on.ca)

#### SPADINA MUSEUM

Step back in time to the Toronto of the '20s and '30s in the authentically restored six acre Spadina House and Gardens. Enjoy the art, music and culture of the prominent Austin family, original owners of the house, against the backdrop of 20th century Toronto. **285 Spadina Rd.**, (416) 392-6910  
[toronto.ca](http://toronto.ca)

#### TARRAGON THEATRE

From Chekhov and Molière to works from the country's top young playwrights, the acclaimed Tarragon Theatre is known for its diverse programming. **30 Bridgman Ave.**, (416) 531-1827  
[tarragontheatre.com](http://tarragontheatre.com)

#### TOLLKEEPER'S PARK

Canada's oldest tollhouse has been returned to its former 1860s glory – back when a family of nine lived in its tiny quarters. Stop by on Saturdays for a volunteer-led tour and history lesson, and then stroll through its beautiful surrounding park. **750 Davenport Rd.**, (416) 338-4386  
[tollkeeperscottage.ca](http://tollkeeperscottage.ca)

#### TORONTO ARCHIVES

Pour through Toronto's history with a collection of more than 1.25 million photographs and 10,000 maps. You'll find everything from the first snapshots of our subway system to the debut of punk rockers on Queen Street West. **255 Spadina Rd.**, (416) 397-5000  
[toronto.ca/archives](http://toronto.ca/archives)





BY PETER GIFFEN



ANTHONY ROSE



With his five popular Dupont Street restaurants, Anthony Rose has turned the area into a dining destination – one that is the foundation for a larger empire to come.

Anthony Rose makes many strong claims to be King of Dupont. The 40-something chef and restaurant owner was named one of Toronto Life's 50 Most Influential. Last year, the Canadian Association of Foodservice Professionals crowned him Restaurateur of the Year. But most tellingly, he is credited with starting the restaurant boom in the area, led by cuisine that's comfortable and familiar but with that little something extra that attracts diners in droves.

We caught up with Anthony Rose at Rose and Sons at noon, just finishing a breakfast meeting with his business partner, Robert Wilder, and about to head out to do the daily rounds of all his restaurants. In a conversation held above the happy lunchtime clatter, Rose is justifiably proud of the empire he's built but becomes most animated as he talks about what lies ahead.

**Q:** *So what started you cooking?*

**A:** My mom was a great cook and baker. I loved to cook with her. I loved food and was a fat kid. I hated school. I struggled through Hebrew school, high school and then university, Concordia – I think I went to six classes over two years. So I finally gave up and returned to Toronto. I had done some cooking part time and thought, let's try this full time.

**Q:** *You started your career as a dishwasher at one restaurant. You worked your way up in the business and became executive chef at the Drake Hotel for five years. Why did you decide to open Rose and Sons in 2012?*

**A:** My brother walked by People's Restaurant and it had this foreclosure notice. Growing up, we used to eat there weekly. So I thought, perfect. Twenty-eight seats – wicked. I could cook and do everything myself. This will be so much fun. We wanted to do an upscale diner.

**Q:** *So why did you expand?*

**A:** Well, we discovered 28 seats doesn't really make a business. So we decided to open Big Crow next, and then went from there.

**Q:** *Each of these restaurants has a strong individual theme, from the hipster cool of Bar Begonia to the upscale deli atmosphere of Schmaltz. What connects them all?*

**A:** The simplicity of the food we serve. The overall familiarity of the flavours. You come to any one of these restaurants and think, I know this food. It's delicious. This is like what I make at home, only better.

**Q:** *Some claim that this area was restaurant deprived before you came here. Why did you target it?*

**A:** It just happened organically. People would just offer us spaces and we'd say, that's convenient. Still I find Dupont Street a very interesting area. It was always a

very blue-collar area, with rental places, gas stations, grocery stores and so on. But it's now changing, with developments like Tridel's, restaurants, galleries and stores opening all over the place. It's a good time to be here.

**Q:** *So the area's growing. How about your business?*

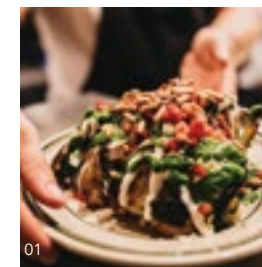
**A:** Yeah, we've got plans. This spring, we are opening a burger joint behind Bar Begonia. It's called Madame Boeuf and Flea – a combination hamburger restaurant and flea market. And we also want to open an Izakaya.

**Q:** *Opening a Japanese restaurant makes sense. I hear that you and your son, Simon, love to eat it together.*

**A:** Yes, he'd eat sushi all day long and ramen – we go to the Momufuku noodle bar a couple of times a month... Also I should mention that Rob and I have plans to expand to L.A. and New York. We're also working on ideas for a hotel, more like a bed and breakfast, something from the country but you have it in Toronto.

**Q:** *Tikes! There's not a lot of time for leisure in your schedule. Do you have a recipe you could share with us?*

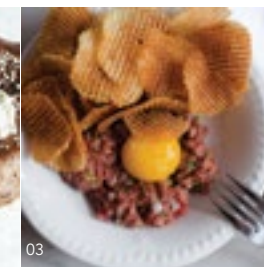
**A:** Sure. Actually the timing's good. I'm also working on a cookbook. ■

**FAT PASHA**

414 Dupont St.  
(647) 340-6142  
fatpasha.com

**SCHMALTZ**

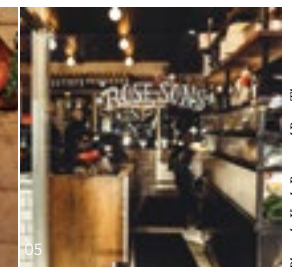
414 Dupont St.  
(647) 352-3337  
schmaltzappetizing.com

**BAR BEGONIA**

252 Dupont St.  
(647) 352-3337  
barbegonia.com

**BIG CROW**

176 Dupont St.  
(647) 748-3287  
roseandsonsbigcrow.com

**ROSE AND SONS**

176 Dupont St.  
(647) 748-3287  
roseandsons.ca

Photos by Kayla Roca and Ryan Thompson







# A Taste of The Old World.

Anyone who loves the Mediterranean flavours of Anthony Rose will want his recipe for hummus, with its smooth garlicky and lemony undertones. This party-size recipe will add delectable flavour to your next gathering.



## INGREDIENTS:

- A**
- 1 kg. dried chickpeas, soaked overnight
- B**
- 4 tbsp. baking soda
  - 6 litres water
  - 2 tbsp. salt
- C**
- 65 grams garlic purée
  - 375 grams lemon juice
  - 1/2 kg. tahini
  - 350 grams iced water
  - 250 grams extra virgin olive oil
  - 1 tbsp. salt

## METHOD:

- Drain and rinse A.
- Cook the peas and baking soda together in a dry pot over medium heat for four to five minutes, stirring constantly.
- Once the pot is fully dry, add the rest of B.
- Bring this to a boil and then turn down to a simmer. It should take about 40 minutes to be fully cooked.
- Drain completely and purée the beans and the garlic into a thick paste. This must be done in batches.
- Once puréed, add proportionate amounts of C per batch.
- Mix all batches together in a bowl.
- Cool for 30 minutes, covered by cling wrap, before serving.





When living a busy modern lifestyle, it can be easy to forget about the little things, like your keys. Or setting the right temperature in your home. Or checking the weather before you step outside. The Smart Suite system at Bianca takes care of all that for you.

**SECURITY**

The Smart Suite alarm system connects to your smartphone and the concierge station providing peace of mind. Surveillance cameras are monitored by the concierge and you can view the live footage on your very own Smart Suite wall pad and mobile app.

**EASE**

The parking garage at Bianca features an automated licence plate recognition system to manage access and security into the garage. In addition, the community has also integrated electronic lockers that allow for easy management of package delivery.

**CONVENIENCE**

Your Smart Suite wall pad is integrated with your smartphone, allowing you to use it for inter-community video communication, energy management and more. Even your door lock can be controlled by your smartphone, or conventional key or fob if you prefer.







Using your smartphone makes it easier to find your way around the city, pay for parking, order food, buy movie tickets, get added to music performance guests lists and even see the Toronto that used to be.

### Getting Around



#### GREEN P PARKING

Given how fast “green hornets” ticket parking infractions in the city, this app is a godsend. When you are away from home and using public parking, you can pay for ubiquitous Toronto Green P parking, in lots and on the street, through your smartphone. The app will remind you when time is running out, so you have the option of topping up without running outside, rifling your pockets for loose change.

📱 [mobilepay.greenp.com](http://mobilepay.greenp.com)



#### ROCKETMAN

If you use public transit – at the nearby Dupont Subway Station for instance – this app tells you when the next subway train or bus will arrive, in real time. It can also reveal nearby bike-sharing locations. RocketMan claims to be “the most downloaded TTC transit app in the Greater Toronto Area.”

📱 [rocketmanapp.com](http://rocketmanapp.com)

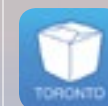


#### WAZE

Waze can help save you time and gas on your commute, as fellow drivers alert you to traffic jams, road hazards and other obstacles. It can also plan and execute weekend getaways, and other graceful city exits.

📱 [waze.com](http://waze.com)

### Dining In and Out



#### STREET FOOD

With Toronto's many food trucks and mobile vendors, the city is a true moveable feast. Not only can you search for street vendors by popularity, favourites, distance or alphabetically, you can tap on a selection to find out more about a particular food seller, including where they will be and when.

📱 [streetfoodapp.com](http://streetfoodapp.com)



#### UBEREATS

Brought to you by the Uber driving service, UberEATS collaborates with more than 100 restaurants in the city to deliver takeout to you, so you can dine in the comfort of your own home and pay through your Uber account.

📱 [ubereats.com/toronto/](http://ubereats.com/toronto/)

### Entertainment



#### CINEMA CLOCK

Want to find a movie this weekend? This is the city with Canada's most diverse selection – from Indie and foreign films to Hollywood blockbusters. You can search Cinema Clock Toronto by movie, by theatre, judging by star ratings, movie trailers and film rankings, or look at the upcoming film and DVD releases.

📱 [cinemaclock.com/ont/toronto](http://cinemaclock.com/ont/toronto)



#### JUKELY

Toronto has an enormous, vibrant music scene, and Jukely offers great last-minute tickets to performances. With a monthly subscription, you can get your name added to a last-minute guest list from a scrolling three-day list of events, ranging from small, local indie bands to an increasingly diverse range of bigger, mainstream acts.

📱 [jukely.com](http://jukely.com)

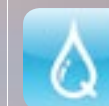


#### TORONTO PATIO GUIDE

Created by blogTO, the app features photos and need-to-know details for hundreds of local patios. Search by distance, neighbourhood, patio type and more to find the right patio for your delectation.

📱 [blogto.com/apps/toronto-patio-guide/](http://blogto.com/apps/toronto-patio-guide/)

### Miscellaneous



#### QUENCH

Brought to you courtesy of the “Water Brothers” TV series, the app helps quench your thirst, or your pet's, with clear, pure water, locating water fountains and water container refill stations citywide that you can use on your walks or bicycle trips.

📱 [thewaterbrothers.ca/quench/](http://thewaterbrothers.ca/quench/)



#### WHATWASTHERE (IOS ONLY)

A great way to see how things were in Toronto. By combining Google Street View technology and historical photos supplied by users, the app creates a kind of time machine, showing pictures of how the city used to be.

📱 [whatwasthere.com](http://whatwasthere.com)

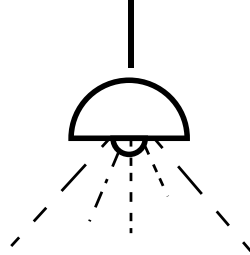
Unless otherwise indicated, all apps are available for iPhone and Android.

# 10 MUST-HAVE CITY APPS

BY PETER GIFFEN

Here are the smartphone ways to better eat, navigate and be entertained around Toronto.





THE NEW DUPONT . FOOD AND DRINK

# ECLECTIC EATS

BY NANCY CARR

Whether you desire moules et frites, kimchi pancakes or a classic breakfast over easy, area restaurants serve up eclectic and delicious menus.

Nothing tops a great home-cooked meal, unless it's a dish at your local restaurant, where you're known by name and home is just a short stroll away. The New Dupont has no shortage of eateries, both established and new, high-end and laid back. Your new favourite haunt is just waiting to be discovered.

## AVENUE DINER

A Yorkville establishment since 1944, this classic diner is unlicensed and closes at 4 pm. But that doesn't stop Robert De Niro, Jane Fonda and Alec Baldwin from being regulars for breakfast, burgers and milkshakes in the small but mighty space.  
222 Davenport Rd., (416) 924-5191

## AVIV MEDITERRANEAN RESTAURANT

Marked by a bright turquoise exterior and expansive patio, Aviv Mediterranean is a vibrant, casual eatery offering lunch, dinner and weekend brunch, often accompanied by live jazz.  
328 Dupont St., (416) 922-2433  
📍 [avivrestaurant.ca](http://avivrestaurant.ca)

## CHADWICKS CRAFT KITCHEN AND BAR

Perfect for lunch, dinner and weekend brunch, and right across the street from Bianca, Chadwicks' Costa Rican chef prepares North American dishes with Latin soul and British pub undercurrents. A full bar, craft beer on tap and a shareable menu make this a crowd-friendly venue.  
268 Howland Ave., (416) 944-1606  
📍 [chadwicks.ca](http://chadwicks.ca)



CHADWICKS CRAFT KITCHEN AND BAR

TRIDEL.COM | 28



## JOSO'S

A Yorkville mainstay since the 1970s, Joso's was started by the son of a Croatian fisherman and boasts fish from around the globe – some say, it's the best in the city. The décor is Adriatic glam, with gold and sparkly trinkets, as well as depictions of the female form, adorning almost every inch of the room.  
202 Davenport Rd., (416) 925-1903  
📍 [josos.com](http://josos.com)

## LE PARADIS

Serving escargots and cassoulet for more than 30 years, this iconic French bistro is an area institution. Whether you eat in the maze-like dining room, at the bar or on the patio, white-linen service awaits.  
166 Bedford Rd., (416) 921-0995  
📍 [leparadis.com](http://leparadis.com)

## LIVE ORGANIC FOOD BAR

Whether you're health conscious or health curious, this unique restaurant will make you see (and taste!) food in a new way. The entire menu is organic, gluten- and wheat-free, with no refined sugars and no GMO foods. For a quick and healthy snack, try the smoothies and fresh, organic juices.  
264 Dupont St., (416) 515-2002  
📍 [liveorganicfood.ca](http://liveorganicfood.ca)

## MISTURA

The Italian ristorante was founded 20 years ago by chefs Paolo Paulini and Massimo Capra, who has since become a food celebrity of the highest order. Perfect for intimate dinners, private dining or group functions, Mistura offers vegetarian and vegan options, and is fully accessible.  
265 Davenport Rd., (416) 515-0009  
📍 [mistura.ca](http://mistura.ca)



LIVE ORGANIC FOOD BAR

## NORD BISTRO

This French bistro with Canadian influences opened in 2016 just across Howland Avenue from Bianca. You'll find several "moules et frites" dishes, a classic French steak, an ambitious cocktail list and a pre-theatre, prix fixe menu in this cozy, rustic space.  
406 Dupont St., (416) 925-6673  
📍 [nordbistro.ca](http://nordbistro.ca)

## PLAYA CABANA

Spanish for "beach cabin," this funky Mexican diner on a residential strip of Dupont Street has a cozy, cottage-like vibe. Its sister restaurant, Playa Cabana – Hacienda, is just down the street at the corner of Avenue Rd., offering a snack menu in a rambling Victorian home.  
111 Dupont St., (416) 929-3911  
📍 [playacabana.ca](http://playacabana.ca)

## POUR HOUSE

If it's a pub you crave, head to the Pour House. Traditional pub fare, as well as specialties like elk burger, complement 24 taps of craft beer, sports on TV, live music and a well-used summer patio.  
182 Dupont St., (416) 967-7687  
📍 [pourhouse.ca](http://pourhouse.ca)



POUR HOUSE



LE PARADIS





# THE CUTTING EDGE

BY CHRIS DANIELS

From knives to bikes to beer – power shoppers  
will hit their stride in The New Dupont.





The dazzling views from the terraces of Bianca will look out onto the neighbourhood's vibrant shopping scene – hailed by Toronto Life as the city's new hot destination for the discerning purchaser. High-end shops for home essentials, gourmet food and a lot more are all within easy walking or biking distance.



#### APPLIANCE LOVE

This showroom is as luxurious and beautifully designed as the top-of-the-line appliances on the market. Wander past refrigerators, washers and dryers, oven ranges and other appliances from storied brands such as Gaggenau, La Cornue, Sub-Zero and Wolf. They're all lovingly displayed in environments that inspire.

950 Dupont St., (416) 516-9500  
📍 [appliancelove.com](http://appliancelove.com)

🚲 4 Minute Bike

#### BATEMAN'S BICYCLE COMPANY

Bateman's has three shops in the area (Flagship Store, Top Shop/Spin Shack and Express Shop), offering bicycle sales, parts and accessories, rentals and repairs, spin classes, a cycling club, a racing team and more.

913 Bathurst St./960 Bathurst St.  
149 Dupont St., (416) 538-2453  
📍 [batemansbikeco.com](http://batemansbikeco.com)

🚶 8-10 Minute Walk



#### BLOOD BROTHERS BREWING

A family-owned microbrewery that provides high-quality craft beer to select bars in Toronto. But you can try out its flavourful varieties (one has hints of sweet chocolate and sour cherries; another of raspberries and vanilla) in its tap room with five drafts and ample seating. Then pop into the bottle shop to take home your favourite!

165 Geary Ave., (647) 267-1279  
📍 [bloodbrothersbrewing.com](http://bloodbrothersbrewing.com)

🚲 9 Minute Bike



#### HACHER & KRAIN

Here you'll find your culinary style in blade form, from lightweight Japanese chef knives to heavy-duty, German-made carving tools, as well as exquisite pocket knife jewellery. Hacher & Krain imports from all over the world, bringing together the largest collection of handcrafted culinary, kitchen and pocket knives in Toronto.

256A Dupont St., (647) 352-0352  
📍 [hacherandkrain.com](http://hacherandkrain.com)

🚶 6 Minute Walk

#### KUMARI'S

Owner Kumari Colson makes regular trips to Nepal and other equally exotic destinations, using her specifications to produce super high-quality cashmeres that expertly accessorize. Sweaters, shawls, scarves and unique jewellery are all available.

25 Belair St., (416) 324-9830  
📍 [kumaris.ca](http://kumaris.ca)

🚲 10 Minute Bike



#### M0851

This Toronto outpost of Montreal's m0851 is known for its exquisitely designed, and very durable Italian leather goods, ranging from passport wallets to really great bags, with men's and women's clothes offered in-between. All purchases come with a one-year complete warranty.

38 Avenue Rd., (416) 920-4001  
📍 [m0851.com](http://m0851.com)

🚲 9 Minute Bike

#### NANCY'S CHEESE

Once you've picked up some wine at the nearby LCBO, make this shop your next stop for a curated selection of cheeses. Nancy, the shop's knowledgeable owner, makes great suggestions based on your tastes. And you can try before you buy!

260 Dupont St., (647) 343-0315  
📍 [nancyscheese.com](http://nancyscheese.com)

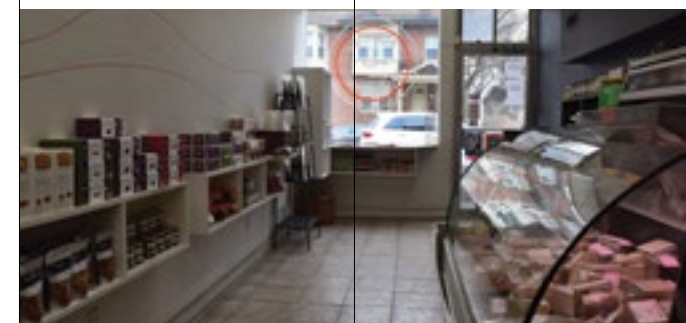
🚶 6 Minute Walk

#### TORP

Think clean, functional design that manages to capture the best of Danish beauty and restraint. Its Scandinavian design gems range from high-performance doors and windows to classic and modern furniture, jewellery, accessories and living products.

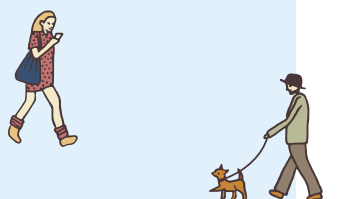
245 Davenport Rd., Ste. 200  
(416) 968-2768  
📍 [torpinc.com](http://torpinc.com)

🚲 8 Minute Bike



#### YORKVILLE VILLAGE

With its flagship brands, cutting edge food hall and unique boutiques, Yorkville Village is a vibrant and beautifully designed destination anchored by Whole Foods and a state-of-the-art Equinox Fitness Club. It's located at 55 Avenue Road in the heart of Yorkville - less than 10 minutes by bike or 20 minutes by foot from Bianca and provides a premier shopping/dining experience. Plus, as an official tourist destination, Yorkville Village is open every day except December 25th. Good to know when the urge to shop grabs you on a holiday!







# BIANCA LEEDS

Bianca is pursuing LEED® Gold (Leadership in Energy and Environmental Design) certification. From landscaping to water efficiency, energy savings to building materials – Tridel thought of everything to make this happen, so you can enjoy living green, guilt-free.

Here are a few reasons Bianca will be considered among the most environmentally friendly buildings in the world:



#### WATER

Bianca features low-flow plumbing fixtures that reduce potable water consumption by over 50 per cent. Furthermore, storm water cisterns capture rain for the building's plants, which are all either drought tolerant or native plantings.



#### ENERGY

Suites feature Energy Star appliances and ERVs (energy recovery ventilators) to help you save up to 60 per cent on energy, while improving indoor air quality.



#### MATERIALS

A portion of the construction materials contain recycled content or have been locally sourced, and all of the paints and adhesives are low in VOC (volatile organic compounds). Tridel aims to recycle at least 75 per cent of the construction waste.

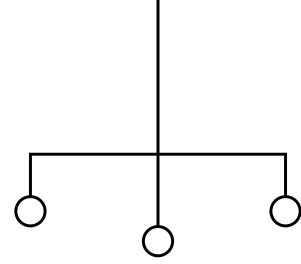


#### ELECTRIC VEHICLE ACCOMMODATIONS

Building residents will have access to electric vehicle charging stations, because Tridel knows you care about the environment as much as they do.

\*Vendor is not guaranteeing (nor making any warranty or representation whatsoever) that the condominium building will, in fact, ultimately attain or achieve LEED® certification or equivalent status. Specifications subject to change without notice.





THE NEW DUPONT . TRENDS

# LIGHT UP YOUR LIFE

BY JUDY HAZAN

Your choice of lighting style can create a dramatically different ambiance for your residence



## WALL PLATES

Decorative, different, eye-catching and trendy wall plates are more than just covers that hide the electrical conduit behind them – they are fashion statements designed to add interest and focus to contemporary design. The style now is towards modern wall plates that are minimal and striking and add a welcome touch of elegance in today's eclectic whites, greys and metallic finishes.

## MID-CENTURY MODERN STYLE

Also known as Retro, this trend has been hot for a few years. It harks back to the 1950s and '60s when modern meant all things teak and teal. One of the impressive things about the design of mid-century modern lighting is that fixtures tend to release a timeless quality that remains in style when other styles have all but disappeared.

## MINIMALIST LED

Inspired by Scandinavian and Japanese minimalist design movements, these high-tech lighting fixtures represent a vast collection of styles tied together by their LED technology. This trend is about energy-saving technology combined with fine design that provides sharp and clean pattern lights.

## GOLD AND OTHER EFFULGENT (SHINY) FINISHES

Lighting trends have not escaped the movement towards glam, glitz and gloss. We're seeing lighting fixtures that incorporate functionality with pizzazz – offering bold statements that shimmer with translucent and iridescent qualities. Here you'll find irreverent chandeliers that use a mixture of crystals and metallic, jewels juxtaposed with polished gold, copper and steel. The good thing about gold is that it can be mixed and matched with metals like brass or silver to create the perfect look.

## COMMERCIAL/INDUSTRIAL STYLES

This style has hung around for several years now. Consumers love incorporating the retro factory look into their lighting choices. One of the best ways to take advantage of this trend is through reflective luminaire light fixtures. These are industrial fixtures designed to project light downward. The fixtures come in different styles, including transitional and modern finishes.

Lighting is crucial to creating the mood of a room. When choosing lighting options for your home, consider these important factors: the colour of the room, the amount of available natural light, the functionality of each fixture and the size of the room you're lighting. Each bit of information will influence the end result.

A general style trend is to bring elements of nature into your home's décor. When combined with more modern elements, this adds a layered contrast to your spaces. With lighting fixtures in stone, wood, metal, glass and leather – all elements of the natural world – bringing this organic texture to your home is, well, natural.

Another important trend this year is to bring your indoor space outside. Creating welcoming outdoor living spaces, especially in condominiums via balconies or terraces, really extends your living space considerably in the warmer months.

"While people have always used lighting on the outsides of their homes, we are seeing more and more outdoor spaces being used as extensions of the home. Outdoor living rooms and dining spaces are becoming some of the most requested features of a home," says Jen Sagar, an interior designer in San Diego. "Design and decoration typically used in the interior of homes are finding their way into these outdoor rooms. More and more chandelier-looking fixtures and even table lamps are being created for exterior use." ■

You can find a fabulous array of stylish fixtures at some of our favourite stores in The New Dupont neighbourhood. Be sure to check out:



## RECOMMENDATIONS

**SOUTH HILL HOME**  
200 Dupont St., (416) 924-7224  
📍 [southhillhome.com](http://southhillhome.com)

**COMMUTE HOME/  
INDUSTRIAL STORM**  
365 Dupont St., (416) 861-0521  
📍 [commutehome.com](http://commutehome.com)  
367 Dupont St., (416) 955-9888  
📍 [industrialstorm.com](http://industrialstorm.com)

**RESIDENTIAL LIGHTING STUDIO**  
489 Dupont St., (416) 537-3138  
📍 [residentiallightingstudio.com](http://residentiallightingstudio.com)



Lighting, like all fashions, undergoes an annual style renaissance that mirrors the general design trends of the year. This year, we are seeing a resurgence of retro-1950s and '60s styles, as well as industrial, high-tech design peppered with lots of glam. You can see these trends in both interior and exterior lighting.





# GROWING PLEASURES

BY NANCY CARR

## Tomatoes, trellises and trees: Terraces offer a blank canvas for container gardening

When it comes to vegetables, you can start in the spring with cool-weather plants that don't need much sun, like spinach, lettuce, arugula, parsley and mint.

### Year-Round Green Thumbs

Container gardens can last through all four seasons, if the containers have the benefit of insulation. According to Serrao, container gardens lack the natural insulation provided by the ground, so they need to be kept warm. You can do this by lining large containers with one inch of Styrofoam before adding the soil. Be sure to poke drainage holes in the Styrofoam and to buy (or build) containers large enough to accommodate both the insulating material and soil. Another tip: Rectangular containers are easier to insulate than round ones, because Styrofoam comes in thin, rectangular sheets.

Once you've insulated your containers, you're free to plant perennials, which will bloom year after year, or annuals, which you plant each season.

### Both Private and Pretty

In terms of decorative plants, Serrao is a big fan of hydrangeas, those long-lasting bloomers with large white and pink flower heads. They have attractive leaves and their flowers stay on the branch into late fall or even winter. She also recommends dogwood, which shows off its red stems after it sheds its leaves, and tall, decorative grasses, which also last into the winter.

"Just be as creative as you can," Serrao says. "There's nice wrought iron that people can get designed and have ivy run over it, or buy a really nice trellis, attach it to a planter at the bottom, and get a vine to grow up it."

### Ask an Expert

When it comes to vegetables, you can start in the spring with cool-weather plants that don't need much sun, like spinach, lettuce, arugula, parsley and mint. Then, as the days get warmer, plant your tomatoes, peppers, aubergine and zucchini. Serrao always uses organic soil, compost and fertilizer for her edible plants. Most importantly, she says, plant and grow what you like to eat.

Finally, if you want to green your space, but don't quite know how, ask an expert. Most garden centres offer one-on-one consultations, site visits, garden installation services and weekly maintenance. All you have to do is reap your bounty and enjoy the view. ■



### RECOMMENDATIONS

#### SUMMERHILL NURSERY AND FLORAL

At the foot of Poplar Plains Rd., on 2.5 acres of land, Summerhill Nursery has been offering a wide variety of plants, shrubs, trees and seeds, as well as garden fixtures and furniture, for more than 20 years. On-site parking is a big bonus, too.

1 Poplar Plains Rd., (416) 922-6902  
[summerhillnursery.ca](http://summerhillnursery.ca)

#### DAVENPORT GARDEN CENTRE

While this midtown garden centre has been in business for only 10 years, there has been a nursery on site, under one name or another, for more than 40. The store specializes in urban gardening and purchases most of its plants from suppliers who use sustainable growing practices.

368 Davenport Rd., (416) 929-7222  
[davenportgarden.com](http://davenportgarden.com)

#### FIESTA GARDENS

This organic, local, ethnic, healthy, gourmet, artisan and traditional fare grocery store is all about smart food selections without the pomp. Plus they've got a very nice garden centre too. Fiesta Farms is the perfect place for people who are drawn to more than a full larder. Check it out!

200 Christie St., (416) 537-1235  
[fiestafarms.ca](http://fiestafarms.ca)

Illustrations by Tina Zellner

Avid gardeners, take heart. Moving from a home with a yard to a home with a terrace doesn't spell the end of your garden.

"Condominium living certainly doesn't mean you have to give up gardening," says Margaret Serrao, perennial manager at Fiesta Gardens, the plant nursery affiliated with Fiesta Farms, the independent grocery store on Christie Street just south of Dupont Street. "If you are a passionate gardener, you will always find a way to get around it."

Whether you're interested in growing herbs and tomatoes for a perfect summer salad, perennials to add colour and texture to your terrace, or hearty shrubs for year-round privacy, terraces are the perfect place to grow great container gardens. Professionals at the nearby Fiesta Gardens, Summerhill Nursery and Floral and Davenport Garden Centre are only too happy to help you.





# NOW THAT'S ENTERTAIN- MENT

BY PETER GIFFEN

Food, drink, music – the ingredients needed for legendary hosting

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One of the great things about a condo with an expansive terrace is that you have a built-in entertainment place to fete friends, family or colleagues. Whether you want to throw a private dinner party, a graduation celebration or branded corporate occasion, there is a range of services and products close at hand to ensure yours is the event of the season.



# LET OTHERS SERVE

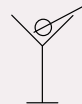


The key to enjoying your own party is to not be the one pouring drinks and serving food. "Whether you're having a small dinner party or large wedding, we do anything or everything for you," says Kristen Francavilla, Account Manager at Bartendo.

Bartendo can set up a stainless steel, customizable LED-lit bar on your terrace, have a bartender whip up signature

cocktails or pour a special wine selection, served by professional wait staff. It can even supply an event manager and hosts for larger occasions. "We handle things," says Francavilla, "so you can just enjoy yourself."

To develop a drink selection tailored for your event, you just need to give Bartendo a colour, theme and/or taste (sweet, sour, etc.), and leave the rest to them.



**BARTENDO**  
1 Yonge St., #1801  
(647) 557-1076  
bartendo.ca

# SERVE YOURSELF



If you decide to serve your own wine, spirits and beer, the Liquor Control Board of Ontario (LCBO) has a well-stocked store in the area, on Dupont Street, just east of Spadina Road, with a Vintages section and any serving suggestions you might need.

The LCBO also has a full open bar of online information. The web version of its Food & Drink magazine offers a creative selection of food and drink recipes, including tasty suggestions for "mocktails," for non-drinkers and designated drivers.

The website has a great search function, letting you look up archived food and drink recipes by ingredients, meal course and seasonal menus. There's even a party calculator, where you plug in values for the projected number of guests, length of the occasion, and what percentage of people will drink beer, wine or spirits – and, voila!, you are given an estimate of how much the evening will set you back.



**LCBO**  
232 Dupont St.  
(416) 922-7066  
foodanddrink.ca



# CATERED AFFAIRS



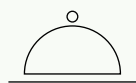
If you want your event catered, the city prides itself on being the country's culinary capital. Simply Google "Toronto caterers" and you'll be presented with a myriad of options ranging from fine dining to comfort food, and vegetarian to any number of ethnic cuisines.

But it's always good to go local. Urban Fare Catering and Food Shop has been an area favourite for more than 20 years, founded by Paul and Eva Jannetta.

Known for its eclectic, fresh dishes – nori-wrapped salmon with wasabi glaze, anyone? – and artistic presentations, Urban Fare Catering is a one-stop full service company. They can take care of a terrace

party at your condominium – addressing any food allergies or dietary restrictions your guests may have, provide staffing, bar services and rentals of things such as tables, linens, dishes and glassware. If your event requires more space, Urban Fare Catering can recommend a variety of other venues, such as Artscape Wychwood Barns and the Enoch Turner Schoolhouse.

Urban Fare Catering's Food Shop is also great to visit if you want a fast but delicious meal for home, with a great selection of freshly prepared dishes, sandwiches, salads, pad thai and homemade desserts for take away. It also offers frozen food packages from its very popular "Below Zero Frozen Food" line.



**URBAN FARE CATERING AND FOOD SHOP**  
1415 Bathurst St.  
(416) 532-1010  
 [urbanfarecatering.com](http://urbanfarecatering.com)

# SOUND OF MUSIC

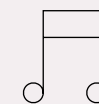


No social occasion is complete without music. The Bang & Olufsen Experience Centre on Davenport is the largest in North America. The Danish sound company has always understood that visual seduction must proceed auditory pleasure, and the sleek perfection of its Scandinavian design will not only complement your condo décor but kick it up a notch.

At the high end, audiophiles could opt for the craggy drama of the Beolab 90 digital speaker. But more modest

Bluetooth wireless speakers, ideal for terrace entertaining, are also available. For example, offered in aluminum or brass, the BeoSound 1 Portable Wireless Speaker looks like the more refined cousin of R2-D2. It includes an integrated proximity sensor that detects where the listener is, so the operation is always turned in the correct direction for maximum enjoyment.

After all, maximum enjoyment is what entertaining is all about. ■



**BANG & OLUFSEN**  
100 Davenport Rd.  
(416) 935-1919  
 [beotoronto.com](http://beotoronto.com)





KEITH RUSHBROOK  
*Partner, II BY IV DESIGN*

DAN MENCHIONS  
*Partner, II BY IV DESIGN*



BY JUDY HAZAN

## “We don’t follow trends, we set them.”

For more than 27 years, Dan Menchions and Keith Rushbrook of II BY IV DESIGN have been creating memorable interior designs that capture the imagination. Their work is distinguished by a balanced approach that reflects the essence of each client’s vision, rather than a predictable “signature” look.

Inspired by their travels, global cultures, architecture, fashion and art, Menchions and Rushbrook are involved in product design, as well as residential developments, retail, hospitality and marine interiors. Their talented team of 50 is found in three offices – two in a historic brick-and-beam industrial loft space in Toronto’s Liberty Village, and a third in lower Manhattan’s fashionable TriBeCa district.

Using a balanced, original approach, II BY IV DESIGN has created Bianca’s iconic interiors and amenity spaces. The design language is elegant and contemporary.

Their design strategy complements the exceptional and unique architecture of Teeple Architects. The building is reminiscent of a Mediterranean seaside landscape, marked by large terraces that step back from the one above it. “Stephen Teeple and his team have done a fantastic job,” says Dan Menchions. “The design is a perfect fit for the urbanites who will live here.”

Menchions and Rushbrook are creating interior spaces for Bianca that are refined and elegant. Their palette is a subdued fusion of merlot and cognac, with brick and sand tones. Textured stone cladding, comfortable seating and subtly layered details ensure the overall ambiance will be contemporary, upscale and cultured.

We asked Dan Menchions in a recent interview about trends to look for in 2017 and he quickly replied, “We don’t follow trends, we set them.”

II BY IV DESIGN creates environments



that are decidedly upmarket; their spaces offer well-proportioned scale and smart tailoring. Their focus is on opening up new possibilities for their clients and expanding their expectations.

Menchions cautions people to slow down, to not rush into finishing their homes all at once. “It’s important for people to understand their space. Live in it for a while. And slowly add the layers that will make it their own. It’s an evolutionary process.”

We also asked Menchions about The New Dupont. He sees the area as a little town in itself. He believes it will evolve into an important cultural destination. While it is a friendly, local neighbourhood that exudes its own unique charm, The New Dupont will likely become a hub for independent retailers and restaurateurs.

II BY IV DESIGN is the recipient of numerous accolades. Internationally they have received more than 350 design awards. They have been extensively published and recognized as Designers of the Year five times, as well as being declared one of the World’s Top 50 Retail Designers by Visual Merchandising and Store Design magazine. ■

“It’s important for people to understand their space. Live in it for a while. And slowly add the layers that will make it their own. It’s an evolutionary process.”



### RECOMMENDATIONS

#### HOLLACE CLUNY DESIGNERS WALK

Features amazing brands such as Bec Brittain, Apparatus, and Martha Sturdy.

160 Pears Ave #203

(416) 968-7894

[hollacecluny.ca](http://hollacecluny.ca)

#### PRIMAVERA INTERIOR FURNISHINGS DESIGNERS WALK

Great resource for fabrics, wall coverings, furniture and accent lighting.

160 Pears Ave #110

(416) 921-3334

[primavera.ca](http://primavera.ca)

#### SOUTH HILL HOME ON DUPONT

Offers a great selection of furniture, fixtures and accessories, appealing to a variety of styles, whether you prefer the modern light fixtures of Christopher Boots or the classic lines of Boiler.

200 Dupont St.

(416) 924-7224

[southhillhome.com](http://southhillhome.com)





THE NEW DUPONT  
BIANCA



# SUNDAY MORNING SAVIOURS

BY ERINN BETH LANGILLE

Toronto is a mecca for lovers of Sunday brunch and dark, seductive caffeine.

Weekend brunch is such an institution in Toronto you'd think that hollandaise sauce was gilded. In the neighbourhood surrounding Bianca, you have your choice of fabulous places to eat – high-end or down-home. Some are so close you'll be able to monitor the line-ups from the comfort of your terrace, swooping down for eggs and coffee without suffering the usual wait. Eating before noon not your thing? Grab the paper, head to one of the fine coffee establishments, and make it your go-to for caffeine.

## BOB COFFEE BAR

Bob Coffee Bar promises "artisanal coffee, tea, sweets, nosh, bar, music, good times" and delivers. In this sleek, renovated convenience store with tile floors and quaint shelving, the café offers some eye-opening espresso-based beverages led by Bob's Bold, with Pig Iron and Las Chicas providing admirable back-up. Soups, sandwiches, baked goods and alcoholic beverages round out the offerings.

440 Christie St., (647) 478-0858  
[bobcoffeebar.com](http://bobcoffeebar.com)

## CHADWICKS CRAFT KITCHEN AND BAR

Chadwicks is a must for brunch, and just steps from Bianca! The cozy booths, craft beers, the great service... and the agony of having to pick between the Bennys, the sweet buns or the dishes with a Mexican twist. Can't bear the line? It's open for lunch and dinner too!

268 Howland Ave., (416) 944-1606  
[chadwicks.ca](http://chadwicks.ca)

## CREEDS COFFEE BAR

Enjoy smooth, clean lines, ample space to lay out your work or chat with friends, and warm leather bucket seats perfect for relishing a good book. Creeds serves delicious coffee and baked scone eggs in the morning.

390 Dupont St., (416) 479-0277  
[creedscoffeebar.com](http://creedscoffeebar.com)

## HUB COFFEE

Organic roast coffee in a bright, light-filled space, delivered with kind and generous service would be inviting to most in search of caffeine, but the killer BOB (Breakfast-On-a-Bun, in case you're wondering) and Bennys also make Hub Coffee a refuge for the hungry.

983 Dovercourt Rd., (416) 901-1811  
[facebook.com/hubcoffeeTO](http://facebook.com/hubcoffeeTO)

## SUPER-JET INTERNATIONAL COFFEE SHOP

A great place to top up your caffeine levels, with a patio, large sunny windows, friendly neighbourhood vibe and a good selection of brewed coffees, teas, espressos, lattes, cappuccinos, and mochas. Coffee bean sales include offerings from David Lynch Signature Cup Coffee and I Deal Coffee. Lots of baked goods are available to accompany hot beverages.

346 Dupont St., (416) 435-4709  
[facebook.com/superjettyyz](http://facebook.com/superjettyyz)

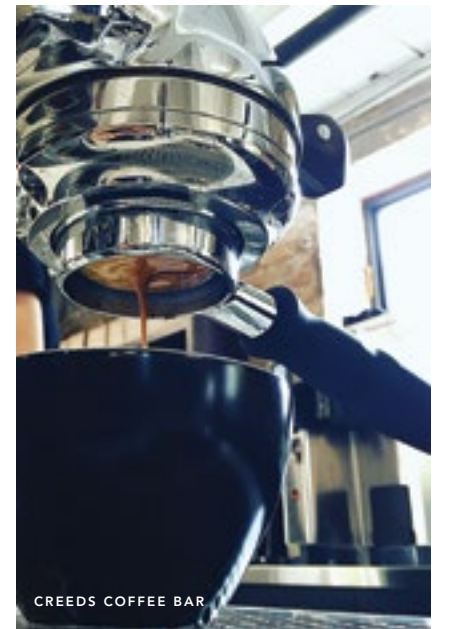
## UNIVERSAL GRILL

Since 1996, the Universal Grill has been a local draw for brunch, awash in teal and nostalgia. Nab a booth and the Huevos, or try the gravlax latkes for a touch of class. Don't forget to save room for, or go splits on, the buttermilk pancakes – they are ranked some of Toronto's best.

1071 Shaw St., (416) 588-5928  
[universalgrill.ca](http://universalgrill.ca)



UNIVERSAL GRILL



CREEDS COFFEE BAR

## VESTA LUNCH

If you want your bacon and eggs dished out at a diner without pretension, Vesta Lunch is the counter for you. Serving customers since 1955, Vesta is a greasy spoon with pride, whose take on classic sandwiches has only improved with time. It's open 24 hours. If you get there really, really early you can enjoy a souvlaki on a bun or burger with the bar crowd on their way home.

474 Dupont St., (416) 537-4318  
[blogto.com/restaurants/vestalunch](http://blogto.com/restaurants/vestalunch)

## VOLTA ESPRESSO

Pull up to the window while they pull your espresso. Bring the pooches down and sit on a bench in summer, sipping their great lemonade and basking in the sun. Volta Espresso may not be big enough for a full sit-down brunch, but the muffins and croissants will having you forgoing the lines, or at least prep you with a luxe appetizer before the eggs.

866 Bathurst St., (647) 560-9818  
[facebook.com/VoltaEspresso](http://facebook.com/VoltaEspresso)



# THE ACTIVE LIFE

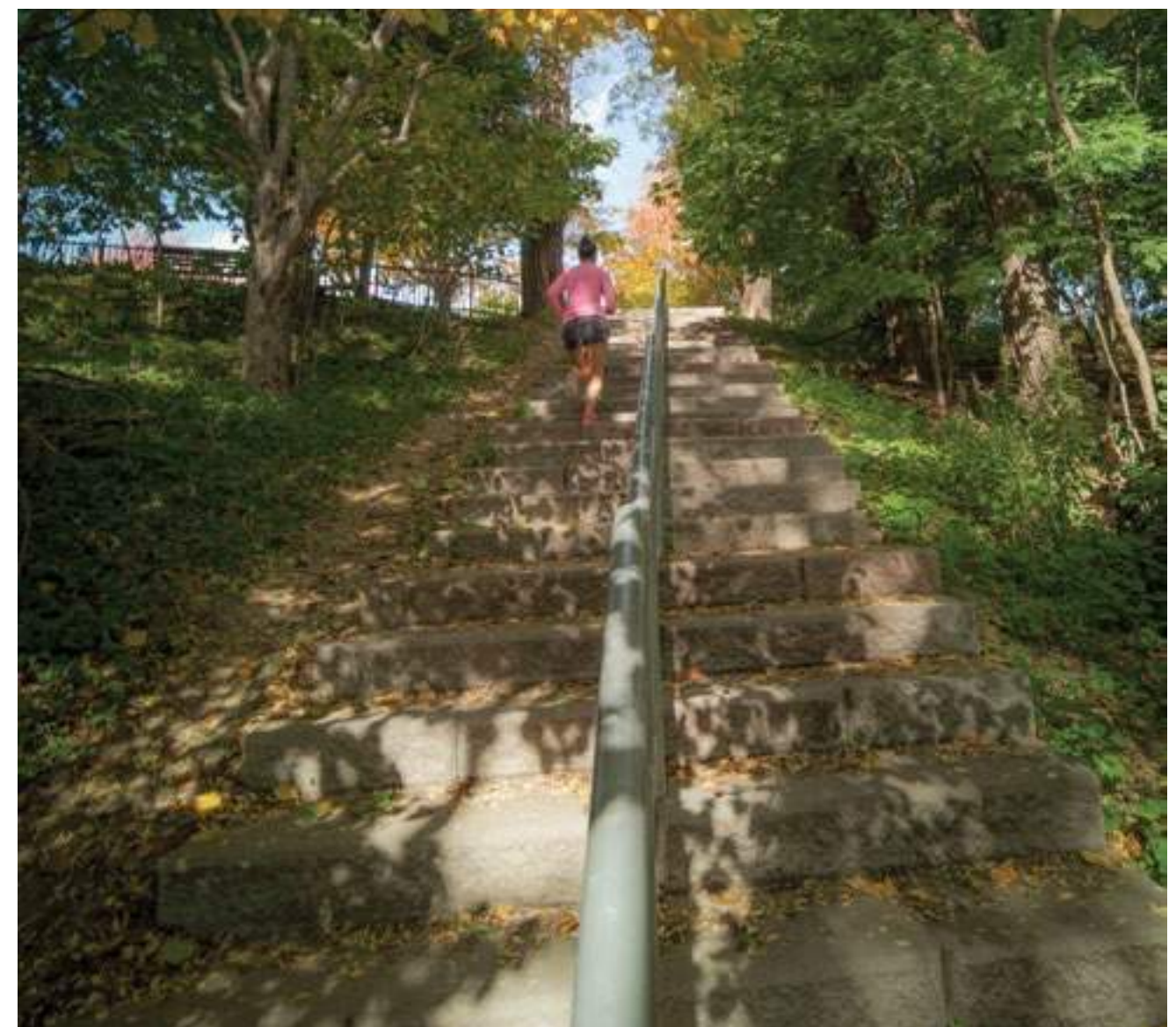
BY KATE FANE

Close to home, and right at home, you have many choices to stay fit, whether you want to box, spin or play tennis.



THE NEW DUPONT

# BIANCA



Residents at Bianca will find it easy to enjoy an active lifestyle. The condominium comes equipped with a state-of-the-art gym, yoga studio and an outdoor, rooftop swimming pool with a great city view.

There's also lots to do in the neighbourhood to keep fit and healthy. Consider racing up the stairs at Casa Loma, exploring the many bike trails in the area, or visiting one of the community parks – like Sir Winston Churchill Park on St. Clair, where you can run, bike, skate – even play tennis.



**BODY HARMONICS**

Body Harmonics lives true to its claim that it “brings movement, health, and education together to transform lives from the inside out.” Its Pilates Studio builds optimal strength and body movement in classes or one-on-one sessions. A health clinic offers various therapies, ranging from massage to facial stretching.

672 Dupont St., Suite 406, (416) 537-0714  
📍 [bodyharmonics.com](https://bodyharmonics.com)

**BLOOR FITNESS 24/7**

Perfect for night owls, this low-key gym is open around the clock. During more reasonable hours, it offers group classes in boxing, Muay Thai, wobo-fit and yoga, along with personal training.

505 Dupont St., (416) 645-2699  
📍 [bloorfitness.com](https://bloorfitness.com)

**CROSSFIT LEVIATHAN**

Crossfit classes follow a “workout of the day” format so you’ll never get bored. Expect a gruelling mix of squats, deadlifts, jumping, and sprinting in a lively and social environment.

567 Dupont St., (416) 576-7677  
📍 [crossfitleviathan.com](https://crossfitleviathan.com)

**EQUINOX YORKVILLE**

For those who like a little luxury with their workout. After a strenuous session with your personal trainer, you can relax at the facility’s on-site spa.

55 Avenue Rd., (416) 961-8400  
📍 [equinox.com](https://equinox.com)

**F45 TRAINING**

Originating in Australia, the F45 program offers a variety of intense 45-minute workouts assembled from 3,000 different exercises. You’ll never have the same class twice!

110 Bloor St W., (416) 409-8908  
📍 [f45training.ca/yorkville](https://f45training.ca/yorkville)

**QUEEN’S TENNIS CLUB**

Toronto’s most exclusive tennis club requires that new players be sponsored by an existing member, with a reference from a second. After a three-year wait, and a couple of interviews with the board of directors, you’ll finally hit the historic court.

568 Dupont St., (416) 535-6991  
📍 [queensclub.ca](https://queensclub.ca)

**SEAN ORR WORKS**

A boutique facility specializing in comprehensive personal training. Also offered are small group classes, spinning cycles, and state-of-the-art cardio machines.

672 Dupont St., (416) 967-7677  
📍 [seanorrworks.com](https://seanorrworks.com)

**SULLY’S BOXING**

Sully’s was founded in 1943, making it Canada’s oldest boxing club – Muhammad Ali himself even stepped into Sully’s ring during his heyday. Today, the club offers fitness and boxing for men, women and children, with classes taught by former Canadian heavyweight champion Tony Morrison.

1024 Dupont St., (416) 805-8108  
📍 [sullysboxinggym.com](https://sullysboxinggym.com)



For those who enjoy more of a class setting, the Annex area has dozens of options for a unique workout. From crossfit to Muay Thai, there’s a fitness facility for it.







BY JUDY HAZAN

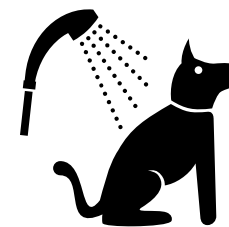
You'll find the best-dressed dogs in the city, strolling along The New Dupont corridor. And since Bianca is pet-friendly, we're fairly certain some of these canine fashionistas will emerge from its lobby doors.

The craze to dress up our pets is more than just a passing fancy. Clothing for dogs has gone from functional sweaters and boots to a multi-billion dollar industry fuelled by dog lovers who also love fashion; ergo fashionable dogs.

You can find things for your pooch like tuxedos, top hats, sequined gowns for the ladies – even tulle ballet tutus and lux hoodies. Very fetching.

For around \$30 you can buy a handmade poncho for your pooch, made from hand-woven serape blankets from Guadalajara, Mexico. For a price you can stock your best friend's closet with doggie bow ties, tank tops, hoodies – even wedding gowns! You can get matching hats, matching shirts, and even matching Superhero costumes for you and your furry friend.

The growing penchant for dressing up the dog has become an international craze. You'll find an internet filled with dog clothing suppliers from all over the world, offering a vast menu of pet clothing that is nothing to sniff at!



High style is au courant in the doggish world of fashion. Whether you're outfitting a dashing Doberman, a neat Newfie or a posh Poodle, there are sassy stores close by to provide the perfect fit.

Social media has been a real boon to the dog costume industry. It's essential for dogs who are up-and-coming social media celebrities to have a varied wardrobe. With their likes and followers growing faster than speeding bullets, fans want new photos all the time.

eBay had 1.5 million pet costumes for sale this past October alone.

Right here at home in Toronto, there are scores of dog clothing sellers in locations all over the city. According to YELP, the three highest rated stores have names like Wooftown, Bark 'n Scratch, and Cosmopawliton.

What will the well-dressed dog be wearing this season? Take a stroll around the neighbourhood and you'll find an assortment of costumed canines – adorably dressed in fashions that likely cost more than most of our own outfits! If you're looking for the perfect ensemble for your best friend, here is a partial list of stores that are happy to indulge your passion. ■



#### RECOMMENDATIONS

##### WOOFTOWN

10 Birch Ave.  
(416) 929-2840  
[wooftown.ca](http://wooftown.ca)

##### BARK 'N SCRATCH

2404 Danforth Ave.  
(416) 424-2411  
[barkscratch.ca](http://barkscratch.ca)

##### COSMOPAWLITAN

478 Queens Quay W.  
(416) 598-4700  
[cosmopawliton.ca](http://cosmopawliton.ca)

##### TIMMIE DOGGIE OUTFITTERS

867 Queen St. W.  
(416) 203-6789  
[timmie.ca](http://timmie.ca)

##### DOGFATHER & CO.

1007 Yonge St.  
(416) 960-1088  
[dogfatherandco.ca](http://dogfatherandco.ca)

##### K-9 COUTURE

594 Yonge St.  
(416) 915-9959  
[k9couture.ca](http://k9couture.ca)

##### THE DOG MARKET

2116 Queen St. E.  
(416) 699-1313  
[thedogmarket.ca](http://thedogmarket.ca)

##### BARKSIDE BISTRO

1125 Gerrard St. E.  
(416) 479-3888  
[barksidebistro.ca](http://barksidebistro.ca)

##### THE DOG BOWL

984 Dundas St. W.  
(416) 645-2695  
[thedogbowl.ca](http://thedogbowl.ca)

##### PRETTIE YIJI

87 Avenue Rd.  
(416) 944-8569  
[prettyyiji.com](http://prettyyiji.com)



# THE NEW DUPONT IS AT THE TOP OF THE CLASS

BY JUDY HAZAN

The Annex community and surrounding area is a haven for students. Located within it are some of the country's most well-known institutions: University of Toronto, St. Michael's College, and Bishop Strachan.

## PUBLIC ELEMENTARY SCHOOLS

**Huron Street Jr Public School**

541 Huron St., (416) 393-1570

**Palmerston Avenue Jr Public School**

734 Palmerston Ave., (416) 393-9305

**Essex Jr & Sr Public School**

50 Essex St., (416) 393-0717

**Dovercourt Public School**

228 Bartlett Ave., (416) 393-9220

**Perth Avenue Jr Public School**

14 Ruskin Ave., (416) 393-1410

## PUBLIC INTERMEDIATE SCHOOLS

**Jesse Ketchum Jr & Sr Public School**

61 Davenport Rd., (416) 393-1530

**Essex Jr & Sr Public School**

50 Essex St., (416) 393-0717

**Dovercourt Public School**

228 Bartlett Ave., (416) 393-9220

**Brock Public School**

93 Margueretta St., (416) 393-9245

## PUBLIC SECONDARY SCHOOLS

**Jarvis Collegiate Institute**

495 Jarvis St., (416) 393-0140

**Harbord Collegiate Institute**

286 Harbord St., (416) 393-1650

**Bloor Collegiate Institute**

1141 Bloor St. W., (416) 393-1420

**Oakwood Collegiate Institute**

991 St. Clair Ave. W., (416) 393-1780

## PRIVATE SCHOOLS

**Upper Canada College** (all boys)

200 Lonsdale Rd., (416) 488-1125

**Bishop Strachan School** (all girls)

298 Lonsdale Rd., (416) 483-4325

**Havergal College** (all girls)

1451 Avenue Rd., (416) 483-3519

**Crescent School** (all boys)

2365 Bayview Ave., (416) 449-2556

**Branksome Hall** (all girls)

11 Elm St., (416) 920-9741

**The York School** (co-ed)

1320 Yonge St., (416) 926-1325

**Toronto French School** (co-ed)

306 Lawrence Ave. E., (416) 484-6533

**Royal St. George's College** (boys)

120 Howland Ave., (416) 533-9481

**University of Toronto Schools** (co-ed)

371 Bloor St. W., (416) 978-3212

**St. Michael's College School** (all boys)

1515 Bathurst St., (416) 653-3180

**De La Salle College** (co-ed)

131 Farnham Ave., (416) 969-8771

**Robbins Hebrew Academy** (co-ed)

1700 Bathurst St., (416) 224-8737

## TECH/COMMERCIAL SCHOOLS

**Central Tech**

725 Bathurst St., (416) 393-0060

**Western Tech**

125 Evelyn Cres., (416) 393-0500

**Central Toronto Academy**

570 Shaw St., (416) 393-0030

**Northern Secondary School**

851 Mount Pleasant Rd., (416) 393-0270

## MUSIC AND ARTS EDUCATION

**The Royal Conservatory of Music**

273 Bloor St. W., (416) 408-0208

[rcmusic.ca](http://rcmusic.ca)

## POST SECONDARY

**George Brown College**

160 Kendal Ave., (416) 415-2000

[georgebrown.ca](http://georgebrown.ca)

**OCAD University**

100 McCaul St., (416) 977-6000

[ocadu.ca](http://ocadu.ca)

**Ryerson University**

350 Victoria St., (416) 979-5000

[ryerson.ca](http://ryerson.ca)

**University of Toronto**

27 King's College Cir., (416) 978-2011

[utoronto.ca](http://utoronto.ca)



UNIVERSITY OF TORONTO



THE NEW DUPONT

# BIANCA